

# 10Z. COLBY JACK CHEESE STICK

## Nutrition Facts

1 serving per package

**Serving size** 1 piece (28g)

Amount per serving

**Calories** **110**

**% Daily Value\***

**Total Fat** 9g **12%**

Saturated Fat 5g **25%**

*Trans* Fat 0g

**Cholesterol** 30mg **10%**

**Sodium** 170mg **7%**

**Total Carbohydrate** 1g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 7g

Vitamin D 0.2mcg 0%

Calcium 199mg 15%

Iron 0.2mg 0%

Potassium 30mg 0%

Vitamin A 65mcg 8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED.